



R – Mail July 2007

To Religious of the Monterey Diocese from Sheila Novak SDS, Vicar for Religious – published bi-monthly

Initial Newsletter: One of my recent “conversions” has been to email communication. It is quick and involves no paper or postage – unless you print out this newsletter for religious you know who do not have computer access. It is one of the ways I hope to be of support to you. It will be short and concise and may include the following:

- **Comings and Goings* - (Religious coming into or leaving the diocese or moving within the diocese)
- **Good News* - (Brief sharing about developments in our ministries)
- **Prayer Requests* - (For personnel or efforts within the Monterey diocese)
- **Opportunities* - (Talks or workshops in the broader local area)
- **Sounding Board* - (Place for questions, ideas or feedback from other religious)
- **Calendar Dates* - (For diocesan gatherings)
- **Spiritual Resources* - (Featuring a spiritual reading book)
- **Chuckle Footnote* - (Closing bit of humor)

I do hope you can be of help in alerting me to any of the above – especially regarding members of your own community. Just email any information to: domvicrel@aol.com or send to: Sheila Novak, SDS/
2030 Pajaro Lane #3202/ Freedom, CA 95019.

Survey Results: Many thanks to those of you who returned your survey. It provides a starting point for our planning committee. The suggestions receiving the most interest were:

- *A gathering featuring a speaker and community prayer
- *A day of recollection on a Saturday

Planning Committee: We have a wonderful group who volunteered to form a planning committee. They are: Bernard Samp CFC, Jane Robert Stuckel OP, Jason Ford CFC, Lydia Schneiders IM, Maria Romero OP, Molly Neville SNJM, Ray Roh OSB and myself, Sheila Novak SDS.

A meeting will be arranged soon to begin plans for the upcoming year.

Last Request: If there is someone in your house without email, please share **R-MAIL** with them. Do keep me posted of any of the needed information as outlined above. Many thanks! *Sheila Novak, SDS* – Vicar for Religious

Chuckle Footnote: Age Difference

A college student at a recent USC football game challenged a senior citizen sitting next to him, saying it was impossible for their generation to understand his. “You grew up in a different world,” the student said loud enough for everyone around them to hear. “Today we have television, satellite positioning, jet planes, space travel, electric and hydrogen cars, cell phones and computers, man has walked on the moon, our spaceships have visited Mars. Taking advantage of a pause in the student's litany, the geezer said, “You're right. We didn't have those things when we were young; so we invented them!”